

# At all times

Setting a meditation on light by Tenzin Gyatso,  
His Holiness, the XIV Dalai Lama.

This work is a 10<sup>th</sup> anniversary gift for Clerestory,  
to be premiered in March 2016 in the concert series NEW LIGHTS.

*May I become at all times,  
Both now and forever:  
A protector for all who are helpless,  
A guide for all who have lost their way,  
A ship for all who sail the oceans,  
A bridge for all who cross over rivers,  
A sanctuary for all who are in danger,  
A lamp for all who are in darkness,  
A place of refuge for all who lack shelter,  
And a servant for all who are in need;  
May I find hope in the darkest of days,  
And focus in the brightest.*

## Eric Banks

*This piece is dedicated to the men of Clerestory.*

# At all times

Eric Banks

a 10th anniversary gift for Clerestory

Text by Tenzin Gyatso, His Holiness,  
the XIV Dalai Lama (adapted by the composer)

Meditatively  $\text{♩} = 69$

S1 at all times... at all times... *p*

S2 at all times... at all times... *p*

A1 May I be-come... may I be-come... may I be-come... *p*

A2 May I be-come... may I be-come... may I be-come... *p*

1 T1 May I be-come... may I be-come... may I be-come... *p*

T2 May I be-come... may I be-come... may I be-come... *p*

B1 both now and for - *mp*

B2 both now and for - *mp*

S1 at all times... a pro-tec-tor for all who are help-less, *chiaro and tenero*

S2 at all times... a *chiaro and tenero*

A1 may I be-come... a pro-tec-tor for all who are help-less, *chiaro and tenero*

A2 may I be-come... a *chiaro and tenero*

7 T1 may I be-come... a pro-tec-tor for all who are help-less, *chiaro and tenero*

T2 may I be-come... a *chiaro and tenero*

B1 ev - - - er: a pro-tec-tor for all who are help-less, *chiaro and tenero*

B2 ev - - - er: a *chiaro and tenero*

S1 a ship for all who sail the oceans,

S2 guide for all who have lost their way, a bridge for all who cross o-ver

A1 a ship for all who sail the oceans,

A2 guide for all who have lost their way, a bridge for all who cross o-ver

12 T1 a ship for all who sail the oceans,

T2 guide for all who have lost their way, a bridge for all who cross o-ver

B1 a ship for all who sail the oceans,

B2 guide for all who have lost their way, a bridge for all who cross o-ver

S1 a sanc-tu - a - ry for all who are in dan-ger, a place of

S2 ri - vers, a lamp for all who are in dark - ness,

A1 a sanc-tu - a - ry for all who are in dan-ger, a place of

A2 ri - vers, a lamp for all who are in dark - ness,

17 T1 a sanc-tu - a - ry for all who are in dan-ger, a place of

T2 ri - vers, a lamp for all who are in dark - ness,

B1 a sanc-tu - a - ry for all who are in dan-ger, a place of

B2 ri - vers, a lamp for all who are in dark - ness,

S1 times... at all times...  
 S2 times... at all times...  
 A1 may I find hope... hope...  
 A2 may I find hope... hope...  
 32 T1 may I find hope... hope...  
 T2 may I find hope... hope...  
 B1 *mp* in the dark - est of days,  
 B2 *mp* in the dark - est of days,

More slowly ♩ = 60

S1 *pp* and fo - - cus in the bright - est. *lunga*  
 S2 *pp* and fo - - cus in the bright - est. *lunga*  
 A1 *pp* and fo - - cus in the bright - est. *lunga*  
 A2 *pp* and fo - - cus in the bright - est. *lunga*  
 37 T1 *pp* and fo - - cus in the bright - est. *lunga*  
 T2 *pp* and fo - - cus in the bright - est. *lunga*  
 B1 *pp* and fo - - cus in the bright - est. *lunga*  
 B2 *pp* and fo - - cus in the bright - est. *lunga*

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